

# **OUR LADY OF FATIMA**

# CATHOLIC PRIMARY SCHOOL

# **Anti Bullying Policy**

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Post Holder Responsible for Review:	John-Paul Shanahan

# Our Lady of Fatima Catholic Primary School Anti-bullying Policy

#### **Mission Statement**

'We welcome everyone into our community, to live, love and learn together in the light and example of Jesus Christ.'

The Principal and Vice Principal have responsibility for leading the anti-bullying strategy at Our Lady of Fatima Catholic Primary School and are available for parents and carers to share any concerns.

# **Principles and Values**

Our Lady of Fatima Catholic Primary School is committed to the well-being of the children and young people and shares Princess Diana's vision:

"Everyone needs to be valued.

Every person has the potential to give something back."

With reference to our Mission Statement we regard bullying and its impact seriously because it undermines and is in contradiction to the Gospel values which should permeate the life of Our Lady of Fatima School. Bullying will not be tolerated.

Children and parents should be assured that known incidents of bullying will be responded to. We encourage all children and adults to work against and to report any incidents of bullying. Teaching staff, other adults working in school, Local Governing Body members, parents, carers and pupils have been consulted in the development of this policy.

#### What is Bullying?

Bullying is defined as: "Repeated negative behaviour that is intended to make others feel upset, uncomfortable or unsafe."

Bullying behaviour must include the four key elements:

- Hurtful
- Repetitive
- Intentional
- Power imbalance

If all these are not in place the action is not defined as bullying. Bullying can be:

TYPE OF BULLYING	DEFINITION
Emotional	Being unfriendly, excluding, tormenting
Physical	Hitting, kicking, pushing, taking another's
	belongings, any use of violence

Prejudice-based and discriminatory,	Taunts, gestures, graffiti or physical abuse
including:	focused on a particular characteristic (e.g.
Racial	gender, race, sexuality)
Faith-based	
Gendered (sexist)	
Homophobic/biphobic	
Transphobic	
Disability-based	
,	
Sexual	Explicit sexual remarks, display of sexual
	material, sexual gestures, unwanted physical
	attention, comments about sexual
	reputation or performance, or inappropriate
	touching
Direct or indirect verbal	Name-calling, sarcasm, spreading rumours,
	teasing
Cyber-bullying	Bullying that takes place online, such as
	through social networking sites, messaging
	apps or gaming sites
Child on Child Abuse	This form of abuse is when there is any kind
	of physical, sexual, emotional or financial
	abuse or coercive control exercised between
	children/young people both on and offline

# Bullying may be related to:

- Race
- Gender
- Religion
- Culture
- SEND
- Appearance or health condition
- Home circumstances (young carers, poverty etc.)
- Sexual orientation, homophobic etc.
- Young Carers

Bullying may be related to perceived or actual differences.

# Children and young people who display bullying behaviour

Bullying takes place where there is an imbalance of power of one person or persons over another. This can be achieved by:

- The size of the individual
- The strength of the individual
- The numbers or group size involved
- Anonymity through the use of cyber bullying i.e. use of email, social network sites, texts etc.

# Signs and Symptoms of Bullying

A child may indicate by signs or behaviour that he or she is being bullied. All adults should be aware of these possible signs, however, these may be due to other social, emotional and/or mental health issues/needs.

- Withdrawn
- Deterioration of work
- Isolation
- Desire to remain with adults
- Erratic attendance (unwilling to go to school)
- General unhappiness, anxiety or fear
- Late arrival to school
- Bed wetting
- Aggressive, disruptive or unreasonable behaviour
- Lack of eye contact
- Short tempered
- Change in attitude to people at school and/or at home

# **Reducing the impact**

At Our Lady of Fatima School, we firmly believe that providing the right environment does much to reduce the impact of bullying behaviour.

- Importance of caring for each other, taught through assemblies, collective worship, RE lessons, PSHE etc.
- The damage and distress caused by bullying, taught through collective worship (assemblies) and RE lessons, PSHE etc.
- Staff vigilance and sensitivity to the needs of individuals
- Climate and culture of caring for others and an awareness that reporting bullying to adults is the correct cause of action
- Buddying system
- Circle time
- Anti-bullying Ambassadors
- Adequate supervision in the playground
- Good relationships between lunchtime supervisors and other members of staff Creating a class Mission Statement
- Activities during Anti Bullying Week and PSHE lessons
- School and Class Council meetings
- Circle time
- Buddying System
- Anti-bullying Ambassadors

The ethos at Our Lady of Fatima School is firmly rooted in the Catholic values and virtues means that all members of the school community are actively encouraged to have respect for each other and for other people's property. Good behaviour is rewarded through the House system and through the Celebration Assembly where children are nominated for displaying the Catholic virtues and for Good Work (KS1) each week.

Children are involved in the prevention of bullying as and when appropriate, these may include:



#### **Responding to Incidents of Bullying**

- All known/reported incidents of bullying will be investigated by the class teacher.
- Where appropriate a 'conference' of all parties is often very successful, with the child who has been bullied and the child who has displayed bullying behaviour discussing the incident/s and working towards a resolution, in a safe environment.
- The child who has been bullied will be given the opportunity to discuss her/his feelings with a member of staff of their choice.
- The child who has displayed bullying behaviour will be asked how to put things right
- The child who has displayed bullying behaviour may face a range of sanctions including periods of time out, withdrawal of privileges, and in serious cases a fixed term exclusion or internal exclusion from class or school. We recognise that sanctions in isolation will not resolve the situation, therefore, we will explore intervention strategies to help the child understand and improve their behaviour.
- Parents of the child who has been bullied may also be questioned about the incident or about any concerns that the child may be having.
- It must be made very clear to any child or adult involved in bullying behaviour that it is against the teachings of Jesus and has no place in the life of Our Lady of Fatima Catholic Primary School.
- The situation will be monitored by all the adults involved.
- Outside agencies may be invited to become involved, if the problem is serious.
- If parents do not feel the situation has been properly resolved they should contact a member of the Local Governing Body.

# **Recording Incidents of Bullying**

When a serious behaviour incident has taken place (which may be bullying), the reporting member of staff must inform the Behaviour Coordinator (Mr J Shanahan – Principal).

The Antecedents, Behaviour and Consequences (ABC) will be recorded (in line with data protection law). Homophobic or racist behaviour must be reported to the Principal immediately.

#### **Advice to Parents**

As a parent of a child whom you suspect is being bullied:

- Share any concerns that you may have about bullying with the school via the class teacher or a senior member of staff
- Seek to resolve any problems as equitably as possible
- Report serious incidents of bullying to the Principal or Vice Principal
- Do not give permission to retaliate by using unhelpful expressions i.e. hit him back, it is part of growing up etc.
- Share the Catholic values and virtues
- Work with the school to help both the child who is being bullied and the child who has displayed bullying behaviour to develop strategies to overcome their difficulties

• If a problem does not appear to be resolved parents should keep in touch with the school; sometimes bullying is complex and takes time and persistence to resolve.

The following links may provide additional support to children, staff or families.

• Anti-Bullying Alliance: www.anti-bullyingalliance.org.uk

• Childline: www.childline.org.uk

• Family Lives: www.familylives.org.uk

• Kidscape: www.kidscape.org.uk

• MindEd: www.minded.org.uk

• NSPCC: www.nspcc.org.uk

• PSHE Association: www.pshe-association.org.uk

• Restorative Justice Council: <u>www.restorativejustice.org.uk</u>

The Diana Award: <a href="www.diana-award.org.uk">www.diana-award.org.uk</a>
 Victim Support: <a href="www.victimsupport.org.uk">www.victimsupport.org.uk</a>
 Young Minds: <a href="www.vyoungminds.org.uk">www.youngminds.org.uk</a>

• Young Carers: www.youngcarers.net

# Cyberbullying

• Childnet: www.childnet.com

• Internet Watch Foundation: www.iwf.org.uk

• Report Harmful Content: https://reportharmfulcontent.com/

• UK Safer Internet Centre: www.saferinternet.org.uk

• The UK Council for Internet Safety (UKCIS): <a href="https://www.gov.uk/government/organisations/uk-council-for-internet-safety">www.gov.uk/government/organisations/uk-council-for-internet-safety</a>

• DfE 'Cyberbullying: advice for headteachers and school staff':

www.gov.uk/government/publications/preventing-and-tackling-bullying

DfE 'Advice for parents and carers on cyberbullying':

www.gov.uk/government/publications/preventing-and-tackling-bullying

#### **SEND**

- Changing Faces: www.changingfaces.org.uk
- Mencap: www.mencap.org.uk
- Anti-Bullying Alliance Cyberbullying and children and young people with SEN and disabilities: www.anti-bullyingalliance.org.uk/tools-information/all-about-bullying/at-risk-groups/sen-disability 10 theeducationpeople.org
- DfE: SEND code of practice: www.gov.uk/government/publications/send-code-of-practice-0- to-25

# Race, Religion and Nationality

• Anne Frank Trust: www.annefrank.org.uk

Kick it Out: www.kickitout.org
Report it: www.report-it.org.uk
Stop Hate: www.stophateuk.org
Tell Mama: www.tellmamauk.org

Educate against Hate: <a href="www.educateagainsthate.com">www.educateagainsthate.com</a>
 Show Racism the Red Card: <a href="www.srtrc.org/educational">www.srtrc.org/educational</a>

# LGBTQ+

- Barnardo's LGBTQ Hub: www.barnardos.org.uk/what we do/our work/lgbtq.htm
- Metro Charity: www.metrocentreonline.org
- EACH: www.eachaction.org.uk
- Proud Trust: www.theproudtrust.org

Schools Out: <u>www.schools-out.org.uk</u>
 Stonewall: <u>www.stonewall.org.uk</u>

## Sexual Harassment and Sexual Bullying

- NSPCC 'Report Abuse in Education' Helpline: 0800 136 663 or help@nspcc.org.uk
- Ending Violence Against Women and Girls (EVAW): <a href="https://www.endviolenceagainstwomen.org.uk">www.endviolenceagainstwomen.org.uk</a>
- Disrespect No Body: <a href="https://www.gov.uk/government/publications/disrespect-nobody-campaign-posters">www.gov.uk/government/publications/disrespect-nobody-campaign-posters</a>
- Anti-bullying Alliance: Preventing and responding to Sexual Bullying: <a href="www.anti-bullyingalliance.org.uk/tools-information/all-about-bullying/sexual-and-sexist-bullying">www.anti-bullying</a> bullyingalliance.org.uk/tools-information/all-about-bullying/sexual-and-sexist-bullying
- Anti-bullying Alliance: advice for school staff and professionals about developing effective anti-bullying practice in relation to sexual bullying: <a href="https://anti-bullyingalliance.org.uk/tools-information/all-about-bullying/sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-responding-sexual-and-sexist-bullying/investigating-and-sexist-bullying/investigating-and-sexist-bullying/investigating-and-sexist-bullying-and-
- Childnet Project DeShame (Online Sexual Harassment and Bullying): <a href="www.childnet.com/our-projects/project-deshame">www.childnet.com/our-projects/project-deshame</a>

# **Bullying outside of the school premises**

The Principal and Vice Principal have a specific statutory power to discipline pupils for poor behaviour outside of the school premises. Section 89(5) of the Education and Inspections Act 2006 gives the Principal the power to regulate pupils' conduct when they are not on school premises and are not under the lawful control or charge of a member of the school staff.

This can relate to any bullying incidents occurring anywhere off the school premises, such as on school or public transport, outside the local shops, or in a town or village centre. The School would also take action if bullying took place outside the School Day. This also applies to bullying behaviours through cyberspace.

### Behaviour from parents/carers and visitors to our school

# Statement of principles:

Our School encourages close links with parents and the community. We believe that children benefit when the relationship between home and school is a positive one. As role models, and for the safety and well-being of our children, staff and parents and other visitors are expected to behave appropriately when on school premises. Parents and other visitors are expected to show respect and concern for others and support the respectful ethos of our school by setting a good example in their own speech and behaviour towards all members of the school community.

The vast majority of parents, carers and others visiting our school set a good example. This policy addresses those rare occasions when behaviour is inappropriate.

#### Incidents involving other children:

- If an incident has occurred at school involving your child, please do not approach or telephone other parents. Please report any concerns to your child's class teacher as the first point of contact.
- Approaching someone else's child in order to discuss an incident or 'tell them off' because of their actions (whether alleged or observed) is not appropriate in any circumstances.

• If a parent/carer behaves in an unacceptable way towards a member of the school community, the Principal or appropriate senior staff member will seek to resolve the situation through discussion and mediation. If necessary, the school's complaints procedures should be followed. Where all procedures have been exhausted, and aggression or intimidation continue, or where there is an extreme act of violence, a parent/carer may be banned by the Principal from the school premises for a period of time, subject to review.

# **Links with Curriculum Subjects**

The question on bullying can be tackled in Circle Time as part of PSHE, discussions in Relationship and Sex Education and Religious Education.

#### Links to other policies

Behaviour Care and Control Children in Care Child Protection Online Safety Safeguarding

# **Commitment to Equality:**

We are committed to providing a positive working environment which is free from prejudice and unlawful discrimination and any form of harassment, bullying or victimisation. We have developed. a number of key policies to ensure that the principles of Catholic Social Teaching in relation to human dignity and dignity in work become embedded into every aspect of school life and these. policies are reviewed regularly in this regard.

This Anti Bullying Policy has been approved and adopted by Our Lady of Fatima Catholic Primary School on 08.10.25 and will be reviewed in 09.2026.

Signed by the Chair of the Local Governing Body for Our Lady of Fatima Catholic Primary School

Mr Matthew Higgins

Signed by the Principal for Our Lady of Fatima Catholic Primary School:

Mr John-Paul Shanahan